

ALBERTA BICYCLE ASSOCIATION – PROVINCIAL REGULATIONS

SECTION 3 – TRACK REGULATIONS

(Version as of August 2025)

3.1 Track Categories

The following categories may be offered at non-Championship ~~Alberta Cup~~ Track events:

- A- Category 1/2 Men and Women
- B- Category 2/3 Men and Women
- C- Category 3/4 Men and Women

The following categories can also self seed into the above 3 categories or if there are enough numbers a D category may be created.

- U19/U17/U15/U13
- Para-cycling Men C1-C5
- Para-cycling Women C1-C5
- Tandem Men
- Tandem Women

3.2 Omnium (UCI single day)

Scratch Race, Tempo Race, Elimination Race, Points Race

UCI Omnium: A full result shall be produced for the first three events. For these three events only, each winner shall be awarded 40 points, each second place shall be awarded 38 points, each third place shall be awarded 36 points, etc. Riders ranked 21st and below shall each be awarded 1 point. Prior to the start of the Points Race, a current ranking with the points totals shall be drawn up, and riders will start the Points Race with these points accrued over the first three events. Riders shall add to, and lose points from, their points totals based on laps gained and lost, and points won in sprints, during the Points Race. Final overall Omnium ranking shall evolve through the Points Race. The winner of the Omnium shall be the rider who has obtained the highest total of points.

3.3 Provincial Track Championships

As a minimum, Organizers are required to host the following medal categories at the Open Provincial Track Championships:

- U13 Men and Women
- U15 Men and Women
- U17 Men and Women
- U19 Men and Women
- Open/Elite Men and Women
- Master Men 35-44
- Master Men 45-54

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Master Men 55-64
Master Men 65+
Master Women 35-44
Master Women 45-54
Master Women 55-64
Master Women 65+
Para C1-5 Men and Women
Tandem Men and Women

Additional Masters categories are permissible. Any additional Masters category must be offered for both racing gender categories.

Categories may be combined for racing purposes. Medals, however, will be awarded to riders in each of the above categories where applicable under the rule 3.6.

Track Events

The following is a list of races which can be offered individually at Alberta Championships:

Sprint Events

Match Sprint
500m/Kilometre Time Trial
Keirin
Team Sprint

Endurance Events

Individual Pursuit
Scratch Race
Points Race
Elimination Race
Madison
Team Pursuit
Omnium

3.4 Provincial Medals & Jersey Awards

Medals will be awarded to all Alberta Championship categories in the following manner:

- Gold, Silver and Bronze: when there is a minimum of four (4) riders who started in a designated category.
- Gold and Silver: when there is a minimum of three (3) riders who started in a designated category.
- Gold: when there are fewer than two (2) riders who started in a designated category. The winner must complete the event to receive the Gold.

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- An Alberta Champion jersey will only be awarded to Elite categories providing the category meets the minimum requirement of five (5) starters. Multiple jerseys will not be awarded to the same individual should they win more than one category.
- Eligibility for Provincial Championship podium recognition is restricted to riders holding a valid Alberta race license. A separate awards presentation will be conducted to acknowledge top-placing Out-of-Province participants.

3.5 Equipment

For all Provincial Track events, the following maximum rollout distances shall apply:

Youth Category Gear Restrictions		
Category	Track Racing	Gearing Suggestion
Juniors	No restriction	N/A
U17	7.12 m rollout	50*15
U15	6.71 m rollout	50*16/38*12
U13	6.2 m rollout	46*16/38*13

*If a rider has received a dispensation to compete against riders of an older category, then the rider shall be permitted to utilize the gearing applicable to that older category.

** Recommended for Juniors (track only) –unless specific rule in event technical guide

TRACK CYCLING –EQUIPMENT

- Disc wheels will not be allowed for youth categories (U17/U15/U13) (maximum rim depth 40 mm)
- Carbon wheels will not be allowed for youth categories (U17/U15/13)

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3.6 Provincial Track Championship Distances

	200 m TT	Match Sprint	Keirin	Individual Pursuit	Scratch Race Maximum	Time Trial	Points Race Maximum
Elite Men	Yes	Yes	Yes	4 km	10 km	Kilo	40 km
Men Masters 30-39	Yes	Yes	Yes	3 km	10 km	Kilo	30 km
Men Masters 40+	Yes	Yes	Yes	3 km	10 km	500 m	20 km
Men Tandem	Yes			4 km		Kilo	
Men C1-C3	Yes			3 km		Kilo	8 km
Men C4 -C5	Yes			4 km		Kilo	8 km
Junior Men	Yes	Yes	Yes	3 km	7.5 km	Kilo	25 km
U17 Men	Yes	Yes	Yes	2 km	7.5 km	500 m	15 km
U15 Men	Yes	Yes		2 km	5 km	500 m	5 km
U13 Men	Yes	Yes		1 km	5 km		5 km
Elite Women	Yes	Yes	Yes	4 km	10 km	Kilo	25 km
Women Masters	Yes	Yes	Yes	2 km	5 km	500mm	15 km
Women Tandem	Yes			3 km		Kilo	
Women C1-C5	Yes			3 km		500 m	8 km
Junior Women	Yes	Yes	Yes	3 km	7.5 km	Kilo	20 km
U17 Women	Yes	Yes	Yes	2 km	5 km	500 m	12.5 km
U15 Women	Yes	Yes		2 km	5 km	500 m	7.5 km
U13 Women	Yes	Yes		1 km	5 km		7.5 km

Resources:

- [Cycling Canada Companion Guide](#)
- [UCI Masters Track World Championships](#)
- [UCI Rules and Regulations](#)
- [Training Guide for Track Commissaires](#)