

## Alberta Bicycle Association – Medical Support Policy Approved Feb 2021

### Premise / Application

Risk of an incident resulting in serious physical injury is present at all cycling events. As such, the provision of appropriate emergency medical support is required at all Alberta Bicycle Association provincial sanctioned events.

**Minimum Standards** The following minimum standards are required at events sanctioned by the Alberta Bicycle Association.

1. An Emergency Response Plan (EAP) must be provided by the Organizer and distributed to medical responders, commissaires, marshals, other race/event officials, and police if present. The Emergency Response Plan (EAP) must include:

- a. Provisions for an adequate communication network, including radio frequencies and/or phone numbers.
- b. Directions to and phone number of the nearest hospital.
- c. Ground ambulance meeting points and, if applicable, helicopter landing zone locations
- d. An EAP Coordinator must be named. It is this person's responsibility to oversee all medical personnel. First Aid provisions must be available at the event and the location identified in the EAP. **This person should not be the chief organizer of the event. Races will not be started until First Aid is present at the course and identified to the Technical Delegate**

2. An ambulance, defined as a motor vehicle equipped with supplies to render emergency medical care and staffed by one or more individuals trained to the level of Emergency Medical Technician, is required on-site at an event if: The event location, as defined below, is greater than either 10 kilometres or 10 minutes response time from emergency dispatch; and/or the event location is in an area not serviced by telephone or 911 emergency response. The final decision regarding the Event Location will be made by the Chief Commissaire in consultation with the ABA Technical Delegate.

3. In such cases that an ambulance is required for an event, the ambulance will be situated in such a position as to optimize response time in the event of an emergency.

4. The first responders(s) or ambulance shall be situated in such a position as to optimize response time in the event of an emergency as determined by the Chief Commissaire in consultation with the Race Organizer.

5. Events which are held on a particularly lengthy circuit, or a point-to-point course, shall make provisions for medical support at one or more intermediate points on the course.

6. Events which do not require an ambulance on-site must provide a dedicated emergency responder certified to the level of Standard First Aid. Options for first aid personnel include off duty paramedic personnel, local fire department personnel who have first aid training or a club member who has first aid training. It is important that during the running of the event the first aid person not have other duties such as marshalling or driving as they may be needed at any time.

7. If the dedicated emergency responder must leave or are unable to perform their duties, a second emergency responder may take their place during the event.

8. In case of an incident immediately call for medical personnel, if it is a serious incident and there is no transport ambulance onsite, call 911

### **Club Races, Race Series, Programs and Special Events**

The following minimum standards are mandatory at all club events sanctioned by the Alberta Bicycle Association (EG including, but not limited to Midweek Race Series, BMX Practices)

1. Provide a support follow vehicle with an medical support person (for a site-to-site moving event) or an on-site medical support person (for a single-site event) equipped with medical supplies to render minor medical care and will coordinate further medical support in the case of an incident.
2. EAP Coordinator will be equipped with a cell phone to call 911 for an ambulance if required and have knowledge of the nearest hospital.
3. EAP Coordinator should not be the event organizer, official or marshal of the event.
4. EAP Coordinator must be certified to the level of Standard First Aid.

### **Club Rides**

For club level RIDES please refer to [albertabicycle.ab.ca/risk-management](http://albertabicycle.ab.ca/risk-management)

### **Non-Compliance**

Non-compliance with the Medical Support Policy may result in the non-start of the race or event